



**2201 East Camelback Road  
Suite 320B  
Phoenix, AZ 85016  
(800)816-5438**

### **Helpful Tips**

The Lifestyle Lift Phoenix center is located in the Anchor Center West building on the Southeast corner of 22nd Street and East Camelback Rd. The building is two blocks west of the Biltmore Fashion Park.

### **Parking**

The adjoining parking lot is shared with Ruth Chris Steakhouse and American Express Travel. The rate is free for the first three hours, then \$1.00 every additional half hour. For rate validation, present the parking slip to the Patient Services Coordinator upon arrival. A free lot is also available across 22nd street on the Southwest corner of 22nd Street and East Camelback Rd.

**Please note that GPS units may be inaccurate for this location, unless they are recently updated.**

### **Directions**

#### **From the North via I-17 South (Flagstaff, Camp Verde, New River)**

1. Travel I-17 south and take Exit 214C to merge onto AZ-101 Loop East
2. Take Exit 29 to merge onto AZ-51 South
3. Take the exit for Colter Street and keep left at the fork to enter onto East Colter Street which becomes North 18th Street
4. Turn left onto East Camelback Rd
5. Take a right onto 22nd Street and enter the first parking lot on the left

#### **From the Northwest via US-93 S to US-60 E (Congress, Wickenburg)**

1. Travel US-93 South and continue to merge onto US-60 East
2. Turn right to merge onto AZ-101 Loop North
3. Take Exit 29 to merge onto AZ-51 South
4. Take the exit for Colter Street and keep left at the fork to enter onto East Colter Street which becomes North 18th Street
5. Turn left onto East Camelback Rd
6. Take a right onto 22nd Street and enter the first parking lot on the left

#### **From the South via I-10 W (Tucson, Casa Grande, Sun Lakes)**

1. Travel I-10 West toward Phoenix
2. Take Exit 147 to merge onto AZ-51 North
3. Take Exit 4A toward Highland Ave toward Camelback Rd; turn right onto East Highland Ave
4. Turn left onto 22nd Street
5. Anchor Center West is on the right at the Southeast corner of 22nd Street and East Camelback Rd

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**From the East via US-60 West (Gold Canyon, Apache Junction, Gilbert)**

1. Travel US-60 West
2. Take the I-10 West/ US-60 West Exit toward Phoenix and continue to follow I-10 West
3. Take Exit 147A-147B to merge onto AZ-51 North
4. Take Exit 4A for Highland Ave toward Camelback Rd and turn right onto East Highland Ave
5. Turn left onto 22nd Street
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**From Phoenix Sky Harbor International Airport**

1. Merge onto I-10 West via the ramp to Downtown/ AZ-51/ Phoenix
2. Take Exit 147A-147B to merge onto AZ-51 North
3. Take Exit 4A for Highland Ave toward Camelback Rd and turn right onto East Highland Ave
4. Turn left onto 22nd Street
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**From the West via I-8 (Yuma, Wellton, Gila Bend)**

1. Travel I-8 East
2. Take Exit 115 toward AZ-85/ Phoenix/ Ajo and merge onto Pima St for approximately 3 1/2 miles
3. Continue to follow AZ-85 North
4. Take the ramp to I-10 East/ Phoenix and keep right at the fork to merge onto I-10 East
5. Take Exit 147B to merge onto AZ-51 North
6. Take Exit 4A for Highland Ave toward Camelback Rd and turn right onto East Highland Ave
7. Turn left onto 22nd Street
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**From the West via I-10 East (Quartzsite, Buckeye, Avondale)**

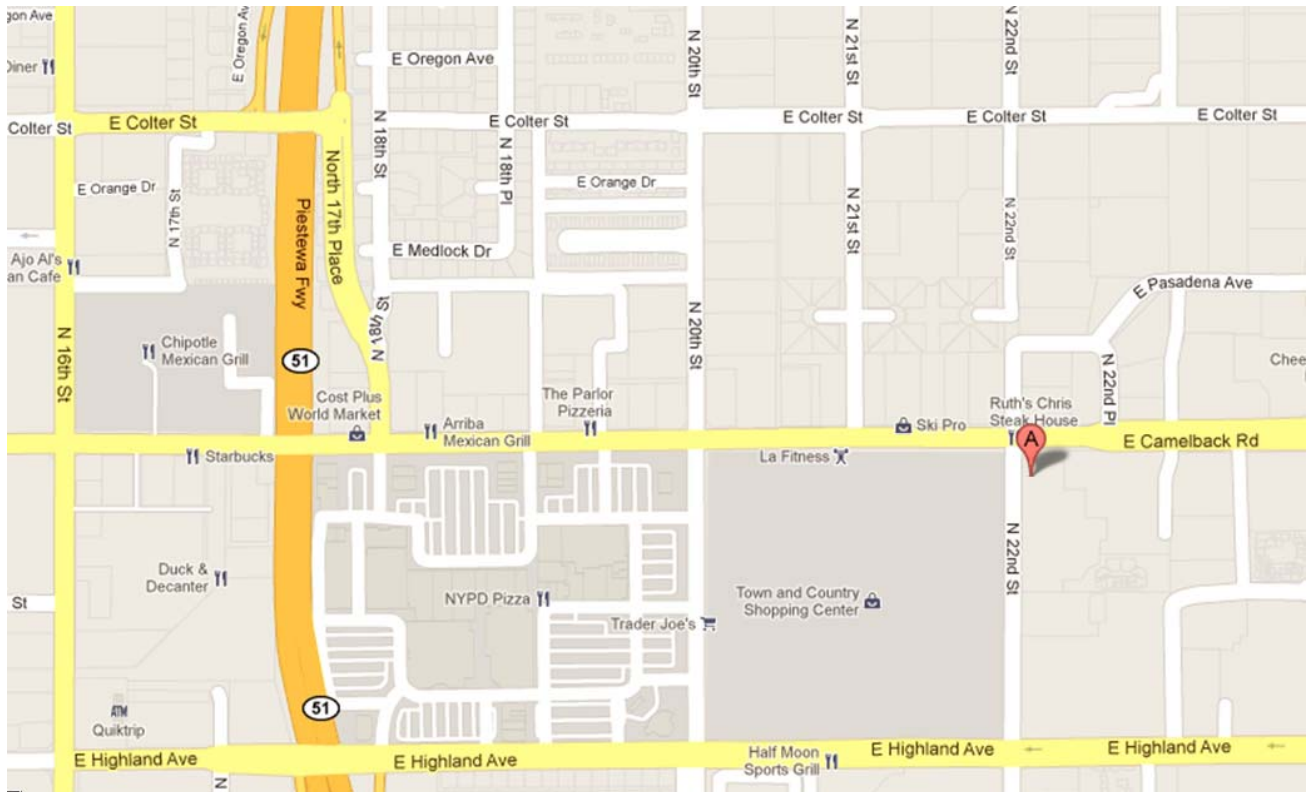
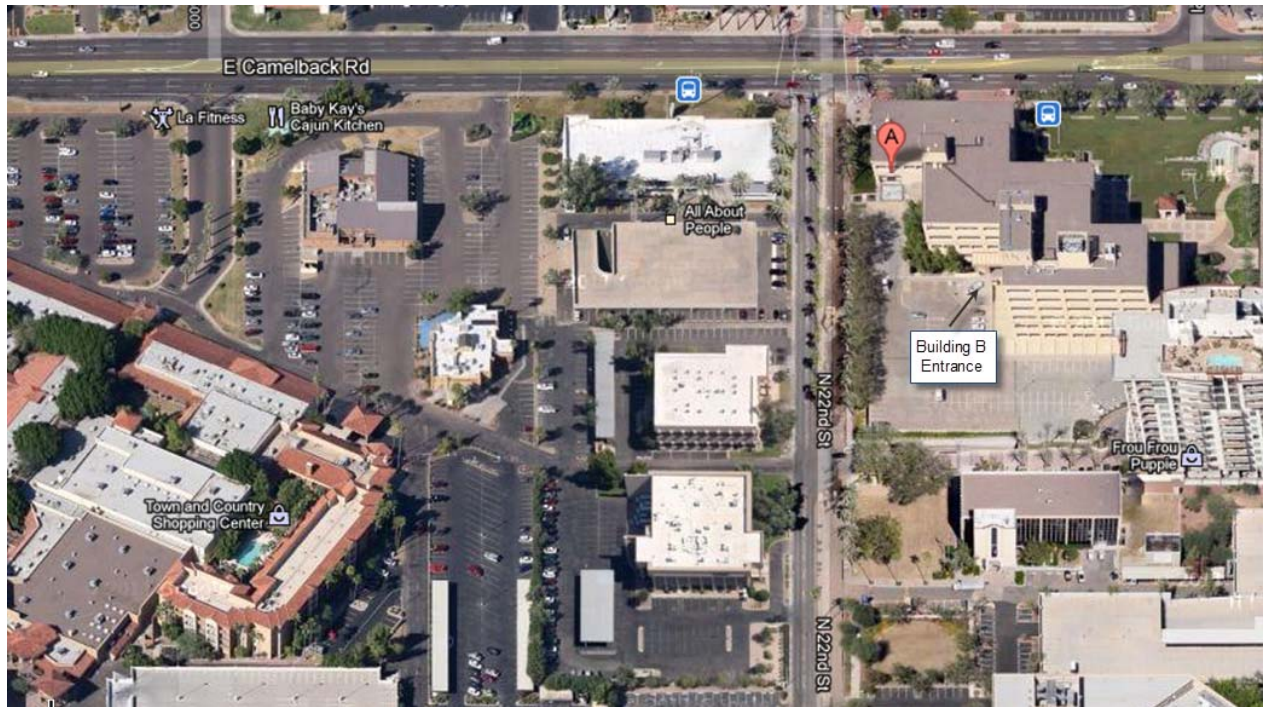
1. Take I-10 East and take Exit 147 to merge onto AZ-51 North
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